



# Walk for Adventure All Week!

## MORE IDEAS TO TAKE YOU AROUND THE WORLD

### Go Globe Trotting!

- There are 30 countries participating in International Walk to School Day, from six continents: **Argentina, Australia, Belgium, Brazil, Canada, Chile, Croatia, Cyprus, Denmark, France, Germany, Greece, India, Ireland, Israel, Italy, Mexico, Namibia, New Zealand, Saudi Arabia, South Africa, South Korea, Spain, Switzerland, United Kingdom, United States, Wales and Zambia.**

- Visit a new continent each day. Highlight participating countries in North America, South America, Asia/Australia, Africa, Europe. Display images of each continent's wildlife at special greeting stations, fly its flags, play its music. Learn something about each place visited: languages, cultures, habitats, dress, food, movies, etc. Link to classroom curriculum in Science, Social Science, Art and Music.
- Invite members of the community from different parts of the world to take a role/participate.

### Walk Around the World!

- Use IWALK to kick-off a 'walk around the world' via the equator throughout the school year. Walkers can be assigned a kilometre amount each time they walk to and from school. Place a map of the world in the school hallway to track progress.

### Theme Days

#### Monday: Best Routes to School

Identify the best route from home to school or part way and mark these on maps to post at school or at home. Organize a treasure hunt that highlights safety signage such as Neighbourhood Watch, community meeting places, signs in a variety of languages, plants that overwinter here, those that only grow all year somewhere else. Add to the adventure by choosing items unique to your school's neighbourhood.

#### Tuesday: Colour Our World

Focus on visibility to prepare for the shorter days in Canada. Learn about Southern Hemisphere countries experiencing the opposite season. Encourage families to wear bright, reflective clothing, backpacks, strollers, and bikes. Decorate the school zone with brightly coloured ribbon, tape, and/or balloons.

#### Wednesday: Walk as Friends Around the World.

Provide recognition for parent helpers and refreshments for families at school. Invite friends from the neighbourhood, members of the community who have moved to Canada from other countries. Invite a neighbourhood musician to perform. Invite local service groups or senior's organizations to help at greeting stations or to talk with students about how they once traveled to school. Many seniors' centres have walking groups you could invite to walk with families.

#### Thursday: Wheels Around the World

Provide examples of helmets for small wheel transportation. Publicize the idea: 'Brains are Soft. Helmets are Hard. Use Both'. Organize a bike rodeo. Have a decorated bike and small wheels parade. Invite local bike safety experts such as police bike patrollers, bike shop staff, or bike instructors. Share safety information about "Big Wheels," school bus safety during pick-up/drop off times. Invite your local transit providers to participate.

#### Footloose Friday: Decorate Your Feet!

Encourage decorated feet for a footloose parade to or at school! Organize a special assembly to recognize student and adult crossing guards, community police, student council organizers, teacher organizers, parent volunteers, etc. Distribute draw prizes, cool treats for students, or certificates.